

Academic/Career Advising (ACA) at Mount Doug Secondary

1) See your **COUNSELLOR** (in the counselling alcove) if you need assistance with:

- Post-secondary application, transcript, reference letter support
- Scholarship and financial aid application support
- Timetable/graduation support
- Post-secondary opportunities/options support (university, college, technical school, trades, Armed Forces, Gap year, to work, other)
- Family meeting to explore courses for after grad plans
- Grade 10/11/12 exchanges

* **Ms. Jory (A-K), Ms. Lindsay (L-O), Miss Hebb (P-Z plus International students)**

Ms. Jory



Ms. Lindsay



Miss Hebb



2) See **Ms. Irving** in the **CAREER CENTRE** (in the library) if you need assistance with:

- Academic and career information/opportunities from Career Centre, displayed on bulletin boards, on website, presented in Planning class
- Resume writing, work and on-line applications, Career Centre resources and software (self and career exploration)

Ms. Irving



3) See **Mr. Verhagen** or **Ms. Prevost** (in the counselling alcove) if you need assistance with **DAILY PHYSICAL ACTIVITY** and **GRAD TRANSITION PLAN**

- 150 minutes of Daily Physical Activity
- 30 hours of work or volunteer
- Grad Transition Plan – additional support for post-secondary opportunities/options

Mr. Verhagen



Ms. Prevost



4) **Ms. Bailey** (Room 221) teaches our **Grade 12 Scholarship class**

- Available to help with scholarship and financial aid research and applications.

Ms. Bailey



5) See **Mr. Powell** (Room 105) if you need assistance with:

- **Secondary Trades** training and **Apprenticeship** information and registration
- **Work Study/Experience** information and placements
- **Technical Bridging Programs** at Camosun College

Mr. Powell

